CENTRE FOR AUTISM
MIDDLETOWN

Making a ham, cheese and tomato sandwich.

Before I start:

Wash my hands

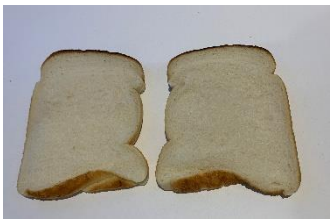
What I need:

1 chopping board

1 knife

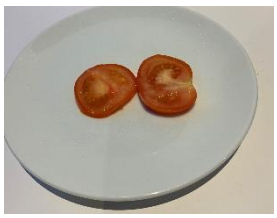
1 plate

1 butter knife



2 slices bread

1 slice ham



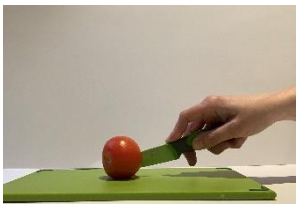
2 slices tomato

1 slice cheese

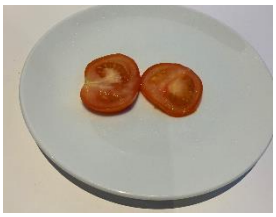
Mayonnaise

Getting ready:

Wash tomato

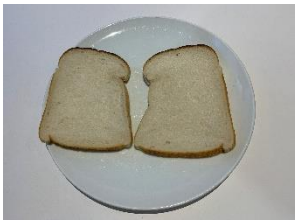


With knife cut 2 slices of tomato



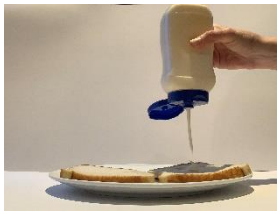
Making the sandwich:

Get 2 slices of bread



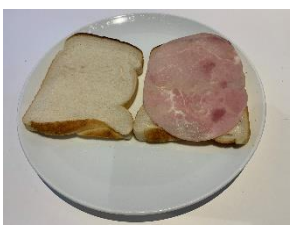
Put bread on the plate

Close bread bag



Squirt mayonnaise on bread

Spread mayonnaise with knife



Put ham on bread

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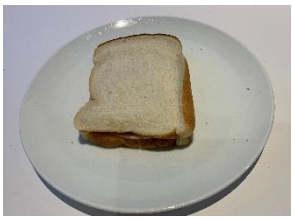
Put cheese on ham

Put tomatoes on cheese



Put slice of bread on top

Cut sandwich in half

Eat and Enjoy 😊

Well done!

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