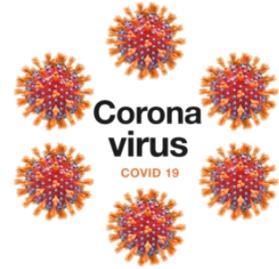




## Inclusion Ireland Easy to Read

### How to Wash your Hands



	<p>Step 1. Wet your hands and apply Soap.</p>
	<p>Step 2. Rub your hands together until the Soap becomes foam.</p>
	<p>Step 3. Clean between your fingers, thumbs and nails.</p>
	<p>Step 4. Wash hands for at least 20 seconds.</p>
	<p>Step 5. Rinse hands with warm water.</p>
	<p>Step 6. Dry hands with a clean paper towel.</p>